

# M E N U



## Breakfast

Served all day!

### BREAKFAST SANDWICH\* - \$9.50

Eggs your style\*, VT cheddar, and applewood smoked bacon on housemade sourdough. (W)(D)(E)(G)

### CROISSANT BREAKFAST SANDWICH\* - \$10.50

Egg your style\*, VT cheddar, sliced tomato, avocado, baby arugula on housemade croissant. (W)(D)(E)(G)(V)

### HALLOUMI SUNNY-SIDE BREAKFAST SANDWICH\* - \$8.50

Seared halloumi cheese, griddled tomato, sautéed spinach with sunny-side up egg\* on housemade challah roll. (W)(D)(E)(G)(V)

### BISCUIT EGG SANDWICH - \$8.50

Two eggs soft scrambled served on a housemade biscuit served with tomato salad. (W)(D)(E)(V)

### LAMB HASH\* - \$14

Our version of hash. Lamb cooked in warm spices sautéed with potatoes, sweet potatoes, carrots, and pickled red cabbage topped with poached egg\* and green dressing. Served with roasted garlic labneh, tomato salad, and housemade challah. (W)(D)(E)(S)(G)

### SPINACH, SUNCHOKE, & EGG PLATE\* - \$11

Sautéed spinach, roasted sunchoke, and poached egg\* served over garlic labneh & topped with Aleppo chili oil. Served with housemade sourdough. (W)(D)(E)(G)(V)

### EGG IN A HOLE\* - \$12

Two fried eggs\* nestled in a housemade sesame Jerusalem bagel served with tomato salad. (W)(D)(E)(Z)(V)  
Add ham and VT cheddar, \$1.50

### SMOKED SALMON, AVOCADO, & EGG SANDWICH\* - \$11.50

Smoked salmon\*, avocado, red onion, capers, alfalfa sprouts, and creamy scrambled eggs served on housemade challah roll with green herbed dressing. (W)(D)(E)(F)(S)

### SCRAMBLED EGG PLATE - \$9.50

#### Prosciutto & Parmesan

Two eggs soft scrambled served with prosciutto, Parmesan, and toasted housemade sourdough. (W)(D)(E)(G)

#### Spinach & Goat Cheese

Two eggs soft scrambled served with sautéed spinach, goat cheese, and marinated sundried tomatoes served with toasted housemade sourdough. (W)(D)(E)(G)(V)

### CROQUE MADAME\* - \$13.50

Housemade croissant, ham, Gruyère, egg your style\* topped with Mornay sauce. (W)(D)(E)

### ROASTED PEAR, GRANOLA, & LABNEH - \$9.50

Roasted pears served with housemade granola, labneh, and VT maple syrup. (D)(N)(G)(V)

### MUESLI

cup - \$6.50 | bowl - \$9.50

Greek yogurt topped with housemade granola topped with raspberries, blueberries, blackberries, pear, apple, honey, and black sesame. (D)(N)(Z)(G)(V)

### BREAD & BUTTER - \$6

Housemade artisan bread served with housemade jam and butter. (W)(D)(E)(Z)(V)

## Tartines

### AVOCADO\* - \$12

Avocado, baby arugula, dill, and radish topped with poached eggs\* on housemade sourdough. (W)(D)(E)(G)(V)

### PROSCIUTTO & FRIED EGG\* - \$12

Prosciutto, housemade pesto, sunny-side up egg\*, grated parmesan on a whipped goat and ricotta cheese, served on housemade sourdough. (W)(D)(E)(N)

### MULTIGRAIN AVO SMASH\* - \$11.50

Avocado, fresh sliced tomato, and parsley relish topped with fresh herb salad and poached eggs\* on housemade multigrain. (W)(D)(E)(Z)(V)

### SMOKED SALMON

#### & AVOCADO\* - \$12.50

Smoked salmon\*, avocado, campari tomatoes, red onion, capers, and dill tossed with olive oil served over toasted housemade sourdough with green herbed dressing. (W)(D)(E)(F)(Z)(G)

### AVOCADO & SWEET POTATO\* - \$11.50

Dill labneh, avocado, sweet potato fritters, fresh herbs topped with sunny-side up egg\* on housemade sourdough. (W)(D)(E)(G)(V)

## Shakshuka

Traditional North African dish.

### TRADITIONAL\* \$14

Tomato and bell pepper sauce, eggs\*, and onions spiced with cumin, topped with feta and parsley and served with housemade challah. (W)(D)(E)(G)(V)

### POTATO, MUSHROOM, & BACON\* - \$14.50

Potato sauce, baby spinach, shiitake, and button mushrooms, poached egg\* topped with bacon, parsley relish, garlic aleppo oil, grated parmesan and fresh parsley served with housemade sourdough. (W)(D)(E)(G)

### LAMB MEATBALL\* \$15

Tomato and bell pepper sauce, eggs\*, lamb meatballs, and peppadew peppers, topped with spicy labneh and parsley and served with housemade challah. (W)(D)(E)(G)

\*These items are served raw, undercooked, or cooked to order.

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

Before placing your order, please inform your server if a person in your party has a food allergy.

We use tree nuts, seeds, and flour in all of our bakeries and kitchens. Allergens are denoted as follows:

Contains: (W) Wheat | (D) Dairy | (E) Eggs | (F) Fish | (N) Tree Nuts | (S) Soy | (Z) Sesame

(G) A Gluten-Friendly version is available | (V) Vegetarian | (W) Warm Bowl

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## Plates & Bowls

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### ROASTED MUSHROOM, SPINACH, & POTATO BOWL\* - \$11.75

Roasted shiitake and button mushrooms sauteed with spinach, pee wee potatoes and chives served over potato cream topped with poached egg\*, parmesan, and served with toasted housemade sourdough.

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### WINTER VEGETABLE & RICE BOWL\* - \$12

Acorn squash, broccolini, caramelized red onions sauteed with jasmine rice and garlic aleppo oil served with poached egg\* and cilantro relish.

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### CHICKPEA & FAVA PLATE - \$11

Chickpea purée topped with warm caramelized red onions, green fava beans, Aleppo chili oil, dukkah, and herb salad served with warm pita.

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### WINTER FARRO BOWL\* - \$12

Warm farro, roasted button mushrooms, acorn squash, and arugula tossed with parsley relish served with ricotta goat cheese mousse and a poached egg\*.

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### LAMB PLATE MANSAF - \$14

Lamb cooked with warm spices and pine nuts served with jasmine rice and labneh.

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### LAMB KEBAB PLATE - \$13.50

Lamb kebab, baba ganoush, chickpea purée, pickled red cabbage, carrots, and cauliflower served with toasted za'atar pita, labneh and parsley.

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### QUICHE & SALAD - \$9.50

Zucchini & Mozzarella

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Cherry Tomato & Feta

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Jerusalem Artichoke & Asparagus

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Served with green salad

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## Sandwiches

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### TURKEY AVOCADO SANDWICH - \$11.50

Turkey, avocado, alfalfa sprouts, cucumbers, and green herb dressing on housemade challah.

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### B.L.A.T. - \$11

Applewood smoked bacon, bibb lettuce, avocado, sriracha aioli, and tomato-onion relish on housemade challah.

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### TURKEY B.L.A.T. - \$11.50

Turkey, applewood smoked bacon, bibb lettuce, avocado, sriracha aioli, and tomato-onion relish on housemade multigrain.

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### LAMB - \$12

Lamb cooked with warm spices served with roasted garlic labneh and pickled red cabbage on housemade ciabatta.

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### SHORT RIB GRILLED CHEESE - \$11.50

Housemade braised short rib, aged cheddar served with horseradish beet relish on housemade challah.

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### GRILLED CHEESE - \$8.50

Fontina, VT cheddar, Parmesan, sundried tomato, roasted garlic, capers, dijon mustard, parsley and thyme spread on housemade sourdough.

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### LAMB KEBAB PITA - \$13.50

Lamb kebab, tomatoes, red onion, parsley, and dill labneh served in warm pita.

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### CHICKEN SALAD - \$11

Housemade herbed chicken salad, marinated cucumbers, and alfalfa sprouts served with green herbed dressing on housemade multigrain.

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### PROSCIUTTO & FIG PANINI - \$12

Fig jam, brie, fontina cheese, prosciutto, and sliced Bosc pear on housemade ciabatta.

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### CHICKEN PITA - \$11.50

Roasted chicken breast, tomato, red onion, parsley, bibb lettuce, and green herb dressing on pita.

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### ROASTED CAULIFLOWER - \$11

Roasted cauliflower, pine nuts, spicy labneh, golden raisins, chilies, cilantro, and capers on pita.

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### FRESH MOZZARELLA - \$10.50

Fresh mozzarella, tomatoes, baby arugula, & basil pine nut pesto on housemade ciabatta.

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### TUNA - \$11

Olive oil packed tuna salad, hardboiled egg, shaved red onion, yogurt, & dill on housemade challah.

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## Soup of the Day

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Served with housemade roll.

CUP \$5.50 | BOWL \$7.50

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## Salads

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Served with housemade roll. Add chicken to any salad - \$3

### MAPLE, SQUASH, & CHICKEN - \$14.50

Mixed greens, baby kale, roasted acorn squash, carrots, and roasted chicken breast topped with toasted almonds and dried cranberries served with maple labneh dressing.

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### CRUNCHY HALLOUMI - \$14.50

Bibb & red leaf lettuce, seared halloumi cheese, roasted carrots with sesame and raisins, radish, apples, and crunchy almonds in a tahini vinaigrette.

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### GREEN & NUTTY - \$13

Bibb & red leaf lettuce, baby arugula, apples, black sesame, edamame, dried apricot, toasted sunflower and pumpkin seeds topped with goat cheese in an orange vinaigrette.

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### FATTOUSH - \$11.50

Bibb & red leaf lettuce, tomato, cucumber, red pepper, onion, kalamata olives, sunflower seeds, and feta in a lemon-olive oil dressing with housemade za'atar croutons.

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WE PROUDLY SERVE LOCAL FREE RANGE EGGS

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